Japan’s employment system played a central role in the strong economic growth that the country achieved in the second half of the 20th century. The system was supported by three pillars: lifetime employment, seniority-based wages, and enterprise-based unionism. To these, a fourth pillar was later added: community consciousness within the company, one based on vertical relationships, reciprocal obligations, and decision-making by consensus.

The traditional system described in the first section below is still considered the ideal by many people. In the difficult economic environment that exists in Japan today, however, employment patterns are undergoing significant changes. Even among major corporations long considered bastions of Japanese-style management, organizations strictly following traditional practices are becoming increasingly rare.

Japanese companies have generally recruited workers immediately upon graduation from a school or university without requiring them to have job-specific skills, though basic ability is essential. This is due to the fact that mass production took rapid hold in Japanese companies after World War II. To train employees, companies offer hands-on experience, or invest in education and in-house professional training for the newcomer. Naturally, several years elapse until these new employees become efficient. In exchange, employees have been expected to remain with the same employer until they reach the mandatory retirement age (usually age 60). Upon retirement, they receive a lump-sum payment and a company pension.
When business is depressed, regular employees are dismissed only as a last resort. Wage increases and promotions are primarily governed by the employee’s age and length of service in the company. This institution of seniority-based wages—devised as a means of guaranteeing the stability of employment to all employees throughout their careers within a company—is closely connected to lifetime employment as a distinguishing characteristic of Japanese-style management.

Japanese companies typically provide fringe benefits that enable employees to enjoy recreation and leisure activities, such as athletic competitions, employee excursions, and so on. Employees have access to the facilities for hobbies, including sports, reading, and board games. As for other benefits, companies offer special allowances in addition to the basic salary, company-owned housing, dormitories for single workers, and various health and welfare benefits.

In the framework of the lifetime employment system, workers in general have found it to their own advantage as well as to that of their families, to demonstrate loyalty to their company. In addition to this, they have given precedence to company considerations over those of their family and personal life. Transfers to subsidiaries are quite common, and there are many cases where transferees leave their families behind, if it is the family’s desire to remain in the community and/or avoid disrupting the children’s education.

Even in the postwar decades of rapid economic growth, however, this system was not universal. It applied mainly to the employees of large enterprises and to civil servants. Workers at small companies seldom received the same degree of benefits or job security.

**Women in the Work Force**

Women accounted for 43.7% of the workforce in 2017. In 1986, a law stipulating equal employment opportunities for men and women went into effect, and in 1997 this law was amended to explicitly prohibit gender discrimination in job advertisements, hiring, assignments, and promotions. In spite of this, the average monthly salary for women in primary industry fell from 30.2% of the working population in 1960 to 3.42% in 2018. Over the same period, tertiary occupations rose from 41.79% of the total to 73%. A vast majority of Japan’s working population is made up of salaried workers. In 2018, 89.1% of the total population worked at salaried jobs.

The government has declared shorter working hours to be the most important element in realizing an improved quality of life for the Japanese people. Revisions to the Labor Standards Law, a trend toward adoption of a five-day work week, and such measures as allowing for substitute holidays when a national holiday falls on a Sunday have contributed to shorter working hours. Annual working hours, which were 2,110 in 1985, stood at 1,724.4 in 2016. The government has taken further efforts in 2018 with a package of amendments to the Labor Standards Law and other related legislation as part of its “work style reform” (hatarakikata-kaikaku) efforts to promote more use of vacation time, shorter workdays and more flexible work times.

**Working Population and Hours**

Labor distribution follows the pattern set by other industrialized nations. While agriculture and other primary-sector industries employ fewer people, services and other tertiary industries show an increase. Employment in
2016 remained at about 73% of that of men, and the upper-level managerial posts in major companies were still almost entirely filled by men. In recent years, the wage differential between men and women has been adversely affected by a new trend: in order to cut costs, large companies are increasingly using low-paid part-time and temporary workers for clerical functions formerly performed by older and relatively high paid female employees. The government has laid out an ambitious “Womenomics” program, aiming to have women occupy 30% of leadership positions by 2020.

A childcare leave system that was implemented in 1992 has begun to show some effect as the number of women who take advantage of it is gradually increasing. Nevertheless, much more needs to be done to improve the working environment and childcare infrastructure for women who want to have children while continuing to work. This is an area that has received increasing attention in recent years as fears over the rapid aging of Japanese society have prompted the government to look for ways to encourage women to have more children. In an effort to relieve the burden placed on working families, revive the falling birthrate, as well as to facilitate better early foundational childhood education, the government has passed measures to make preschool and childcare free for all in 2019.

### Wage System

The Japanese wage system has traditionally been closely linked to the seniority system. Wages are often still strongly influenced by an employee’s length of service. Salaried workers normally receive a monthly salary plus two seasonal bonuses. Particularly in large companies, the bonus system plays an important role. In 2010, bonuses amounted to about one-third of annual base wages.

Through the diversification of society, employment has been taking on new forms, including the popularization of freelance employment and the introduction of outsourcing. In response to such changes, the wage system has also been diversified.

### Labor Relations

The relationship between employers and employees in Japan seeks to avoid confrontation. While conflicts of interest occasionally arise between executives and workers, Japanese companies aim to create a family atmosphere wherein consensus is encouraged. Another factor contributing to the sense of unity among company employees is that within the same company differences in income levels—between managers and workers or white- and blue-collar workers—are much smaller in Japan than in most other countries.

Close teamwork has also helped advance quality control in the manufacturing sector. Workers who feel secure at their jobs are able to work closely with one another and make suggestions to management. Fair distribution of corporate profits also provides workers with greater incentives to improve their efforts at quality control. Many Japanese companies also encourage employees to use a portion of their monthly wages to purchase shares of company stock, reinforcing the feeling that they have a personal stake in the company.

### Labor Unions

Most Japanese labor unions are organized not along industry-wide job specialty or occupational lines, but as enterprise unions with membership restricted primarily to regular, full-time employees working in a single company and its affiliates. An individual company’s enterprise union generally belongs to an industry-wide union federation, one example being Un’yu Roren (All Japan Federation of Transport Workers’ Unions), and that federation in turn usually belongs to a national, cross-industry labor federation. The largest of these is Rengo (Japanese Trade Union Confederation), which was
established in 1989 and had 6.86 million members in October 2017. Japan has about 25,000 unions, but only about one worker in six presently belongs to a union. (The figure was approximately 35% in 1975.) The decline is due, in part, to a fall-off in the percentage of workers in manufacturing and other industries that tend to be highly unionized, and, in part, to an increasing number of young employees who prefer to abstain from union membership.

The Spring Labor Offensive is a familiar practice in management-labor relationships in Japan. Held since 1954, various unions make their demands somewhat simultaneously in spring.

Another widely established labor-management practice is the joint-consultation system, a procedure that involves a large majority of Japan’s workforce. While there is much variation within this system, it permits employees and executives to work out a management plan and decide on the levels of salaries and bonus payments through joint-consultation. In addition to attaching importance to human relationships, it encourages employees to regard themselves as fully participating members of the enterprise.

## Employment in Transition

The traditional Japanese employment system was well suited to the building of a modern industrial society. It provided a stable and skilled resource base for manufacturers as they expanded production during the decades of strong economic growth prior to 1990. However, two key elements of the system—lifetime employment and seniority-based wages—function best in a growing economy and have proven difficult to sustain in the prolonged recession that followed the collapse of the so-called bubble economy at the start of the 1990s.

The need to cut costs and increase efficiency is having a severe impact on employment in Japan. Companies are reducing hiring of new graduates, pushing "voluntary" early retirement programs for older workers, transferring people to lower paying positions, and even resorting to outright layoffs as part of their restructuring efforts. In addition, a growing number of companies are replacing seniority-based wages with performance-based systems.

In any country, an employee thrown back into the job market after working 20 or even 30 years in the same company will have a tough time finding a new job at a level close to the old one. This is especially true in Japan, however, because big companies remain reluctant to hire mid-career workers. As the economy recovers Japan is likely to experience growing structural unemployment where excess workers exist in one sector of the economy while another sector suffers from a labor shortage. A key challenge facing the Japanese government is to develop the systems and support mechanisms needed to help people obtain the skills necessary to move into a new industry.

Changes are also taking place on the supply-side of the employment system. Recognizing that no matter how loyal they are to a company, there is no guarantee of lifetime employment, young people are increasingly willing to leave one job in search of another offering more money, more satisfaction, or both. Due to a growing labor shortage, companies are finding it harder to fill positions. Although retirement is usually at 60, many retired employees are re-hired at the same company.

## Changes in Society and Work

In the midst of changing economic conditions, as well as the graying of the population and low birth rate, the traditional Japanese employment practices of lifetime employment and seniority-based pay have begun to erode, and various new systems have emerged. Ever since the end of the bubble economy, companies have been hiring fewer regular employees, while the number of contract and part-time workers has increased. Unemployment among those irregular workers has become a society-wide issue in the wake of the global financial crisis.

As of 2017, the safety nets for temporary and other workers are being strengthened. Under one plan, for example, people who are
out of work but cannot receive unemployment insurance benefits are able to get a monthly allowance of ¥100,000 to ¥120,000 while acquiring on-the-job training in computers, nursing care, or another occupation. As of September 2019, the unemployment rate was 2.4%, which is relatively low compared with current global levels.

**Foreign workers in Japan**

Another major social change in Japan is the increase in the number of foreigners working in Japanese companies. In addition to workers recruited from abroad or having graduated from Japanese schools, there is a large number of "technical interns" (gino jisshusei) working in designated industries for up to 5 years. In addition, in order to further alleviate severe labor shortages in specific industries, the government has set up a program to let up to 345,000 foreigners work in Japan for a fixed amount of time.

A "technical intern" (gino jisshusei) working in Japan
As of June 30, 2018, there were about 280,000 such interns all over Japan, working to learn the skills that they could bring back to their home country at the end of the internship.